



Ethos Parkour & Movement
647 Okanagan Ave East #104
Penticton, BC
V2A 3K7

Head Coach: Michael Kleyn
cel/txt: 250 918 8616
info@ethosparkour.com
ethosparkour.com

Covid-19 Protocol and Safe Practice Procedures

- All guests to use hand sanitizing station (hand sanitizer spray) set up at entrance and exit doors
- Covid signage posted ('wash your hands frequently', 'practice social distancing - stay 2 meters apart' etc)
- Parent viewing area closed to keep numbers down
- Chairs are not available to discourage congregating
- Class size: 10 students; Open Gym participants: 25 (tentative)
- Mark floor with arrows to keep the flow of drop off / pick up traffic
- Mark floor with x's to keep kids separate during sessions (2 meters apart)
- Go over rules at the start of every session (frequent hand washing, social distancing, stay at home if unwell)
- Remind participants during each session to maintain 2 meters distance
- Promote usage of online payment (contactless) via website: ethosparkour.com
- No food service available
- Remind participants to bring their own water bottles



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Covid-19 Protocol and Cleaning Procedures

- wipe down shared equipment (swinging bars, workout equipment) in between class / open gym sessions
- wipe down frequently touched surfaces twice per day - at 2pm and 9pm closing (door knobs, toilet seats, water taps, wooden vaults, climbing areas).
- Sanitize flooring, mats and horizontal surfaces (along with above mentioned frequently touched surfaces) at closing (use 0.5% hydrogen peroxide solution and disinfectants as listed on BC Center for Disease Control website)