

Ethos Parkour & Movement

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NOV 2 - DEC 18 / 20 SCHEDULE

(CLOSED Dec 19/20 - Jan 10/20)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00			4 / 5 yrs Parkour Play (9 - 9:45am)	3 / 4 yrs Parkour Play (9:30 - 10am)	Preschool Birthdays / Parties (9:15 - 10:45pm)	Family Drop-in (9 - 10:30am)
10:00	4 / 5 yrs Parkour Play (10 - 10:45am)	3 / 4 yrs Parkour Play (10:30 - 11am)	4 / 5 yrs Parkour Play (10 - 10:45am)	3 / 4 yrs Parkour Play (10:30 - 11am)		Family Drop-in (10:30 - 12pm)
11:00	Family Drop-in (11 - 12:30pm)	Behavioural Intervention / School Sessions (by apt only)	Family Drop-in (11 - 12:30pm)	Behavioural Intervention / School Sessions (by apt only)	Family Drop-in (11 - 12:30pm)	Birthdays / Parties (12:15 - 1:45pm)
12:00	Behavioural Intervention / School Sessions (by apt only)		Family Drop-in (1 - 2:30pm)			
1:00	Behavioural Intervention / School Sessions (by apt only)	Family Drop-in (1 - 2:30pm)	Behavioural Intervention / School Sessions (by apt only)	Family Drop-in (1 - 2:30pm)	Behavioural Intervention / School Sessions (by apt only)	7 - 13 yrs Drop-in (2 - 3:30pm)
2:00						10 and up Drop-in (3:30 - 5pm)
3:00	5 / 6 yrs Parkour Play (3 - 3:45pm)	6 - 8 yrs Level 1 Intermediate (3 - 4pm)	6 - 8 yrs Level 1 Parkour (3 - 4 pm)		7 - 13 yrs Drop-in (3 - 5pm)	Birthdays / Parties (5:15 - 6:45pm)
4:00	6 - 8 yrs Level 1 Parkour (4 - 5pm)	6 - 8 yrs Level 1 Parkour (4 - 5pm)	6 - 8 yrs Level 1 Parkour (4 - 5 pm)	8 - 11 yrs Level 1 Parkour (4 - 5 pm)		
5:00	7 - 13 yrs Drop-in (5 - 6pm)	8 - 11 yrs Level 1 Intermediate Parkour (5 - 7pm)	7 - 13 yrs Drop-in (5 - 6pm)	7 - 13 yrs Drop-in (5 - 6pm)	5 / 6 yrs Parkour Play (5:15 - 6pm)	Youth Night!!! Drop-in (7 - 9pm)
6:00	8 - 11 yrs Level 1 Parkour (6 - 8pm)		10 and up Drop-in (7 - 9pm)	10 and up Drop-in (7 - 9pm)	10 and up Drop-in (7 - 9pm)	
7:00						
8:00						

Tuition (per 7 week session, based on 1 class/week):

****Drop-in's included with classes during the 7 wk session****

Birthdays / Parties: \$175

4/5 yrs class (45 min): \$105

6 - 15 yrs class (1 hr): \$140

3/4 yrs class (1/2 hr): \$70

5/6 yrs class (45 min): \$105

6 - 15 yrs class (2 hr): \$280