



Birthday Parties

Our birthday parties are super fun!!

We provide 1.5 hours of structured parkour instruction and games, including dodgeball, Nerf games are an option for no extra charge (participants need to bring their own nerf guns and protective eyewear). 15 -20 mins at the end for snacks or opening presents if requested. We have chairs and long tables for individually packaged snacks, opening presents etc.

Waivers are available online or at the gym and must be signed by the participant's parent. Participants should also bring good runners and water.

Cost is \$175 plus gst for 1.5 hours, and 10 kids (\$15/additional person), adults are free:)

To confirm booking, please e-transfer \$52.50 deposit to:
office@ethosparkour.com (we have auto deposit)

Please email Heather for available dates and any other questions you might have:
office@ethosparkour.com

Cheers!