

## **Birthdays / Parties**

**Our birthday parties are super fun!!**

Cost: \$200+gst. \$10/person over 10 kids (up to 20 kids)

- 1.5 hours total includes structured parkour instruction, games, and food / present time (you choose the ratio of play time to food, presents time etc)
- host family is welcome to come 15 mins early to set up etc
- we have chairs and long tables available
- Nerf is an option for no extra charge (7yrs +); we provide eyewear / regular Nerf bullets; participants bring their own nerf guns
- parents are welcome to join in
- younger siblings are welcome with parental supervision

**Add Laser Tag - lights out, glowing guns!!!!** (5yrs +)

Cost: \$225+gst \$10/person over 10 kids (up to 20 kids)

### **Checklist for attendees:**

- Signed waivers by parent (available online or at the gym)
- Dry, clean runners; gym clothes
- Bottled water

### **How to book:**

Click 'Book a party now' menu option on the website; email Heather with any questions about booking online: [office@ethosparkour.com](mailto:office@ethosparkour.com)