

Ethos Parkour & Movement

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Schedule

Current Schedule

(last updated July 2024)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	CAMPS Full day: 8:45-2:45pm Half day: 9-1pm	CAMPS Full day: 8:45-2:45pm Half day: 9-1pm	CAMPS Full day: 8:45-2:45pm Half day: 9-1pm	CAMPS Full day: 8:45-2:45pm Half day: 9-1pm	CAMPS Full day: 8:45-2:45pm Half day: 9-1pm	
10:00						
11:00						Birthday Party 10:30am-12pm
12:00	CAMPS Mini camp / Drop in: 1-3pm	CAMPS Mini camp / Drop in: 1-3pm	CAMPS Mini camp / Drop in: 1-3pm	CAMPS Mini camp / Drop in: 1-3pm	CAMPS Mini camp / Drop in: 1-3pm	
1:00						
2:00		Open Gym 2:30 - 3:30pm				
3:00						Birthday Party 3-4:30pm
4:00	6-8 yrs Lev 1 3:30-4:30pm	6-8 yrs Lev 1 3:30-4:30pm	6-8 yrs Lev 1 3:30-4:30pm	3/4 yrs PK Play 3:45-4:30pm	7-10 Intrmediate 3:30-4:30pm	Birthday Party 4-5:30pm
5:00	9-15 yrs Lev 1 4:40-5:40pm	7-10 Intrmediate 4:40-5:40pm	Open Gym 4:35 - 4:35pm	9-15 yrs Lev 1 4:40-5:40pm	5 yrs PK Play 4:40-5:25pm	
6:00	Open Gym 5:45 - 6:45pm	Jr (U13) Lev 2 5:45-7:45pm (invite only)	6-8 yrs Lev 1 5:40-6:40pm	Open Gym 5:45 - 6:45pm		*Book parties online;
7:00		Sr (13+) Lev 2 7-9pm (invite only)	7-15 yrs Lev 1 Intrmediate 6:45-7:45pm	7-15 yrs Lev 1 Intrmediate 6:45-7:45pm		
8:00						

1 class / week; includes unlimited Open Gym drop in's:

\$80/mo - 45 min classes

\$105/mo - 1 hour classes

\$180/mo - 2 hr classes

*Registration is ongoing, month to month. Please email 2 weeks notice to end enrolment.