

Ethos Parkour & Movement

647 Okanagan Ave E #104, Penticton, BC

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Schedule

Sept 4/23 - June 29/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
9:00	Behavioural Intervention / School Sessions (by apt only)	Behavioural Intervention / School Sessions (by apt only)	Behavioural Intervention / School Sessions (by apt only)	Behavioural Intervention / School Sessions (by apt only)	Behavioural Intervention / School Sessions (by apt only)	Family Open Gym 9-10am				
10:00						11:00	12:00	1:00	2:00	3:00
11:00	Behavioural Intervention / School Sessions (by apt only)	Homeschooler's Parkour 1-2:30pm	Behavioural Intervention / School Sessions (by apt only)	Behavioural Intervention / School Sessions (by apt only)	Behavioural Intervention / School Sessions (by apt only)	Open Gym 12-1pm				
12:00						1:00	2:00	3:00	4:00	5:00
1:00	6-8 yrs Lev 1 3:30-4:30pm	3/4 yrs PK Play 3:45-4:30pm	6-8 yrs Lev 1 3:30-4:30pm	3/4 yrs PK Play 3:45-4:30pm	6-8 yrs Lev 1 3:30-4:30pm	3/4 yrs PK Play 3:45-4:30pm	7-10 Intrmedte 3:30-4:30pm	5 yrs PK Play 3:45-4:30pm	Birthday Party 4-5:30pm	Birthday Party 3:30-5pm
2:00										
3:00	6-8 yrs Lev 1 3:30-4:30pm	3/4 yrs PK Play 3:45-4:30pm	6-8 yrs Lev 1 3:30-4:30pm	3/4 yrs PK Play 3:45-4:30pm	7-10 Intrmedte 3:30-4:30pm	5 yrs PK Play 3:45-4:30pm	9-15 yrs Lev 1 4:40-5:40pm	5 yrs PK Play 4:40-5:25pm	Birthday Party 6-7:30pm	*Book parties online; Sunday spots available
4:00	9-15 yrs Lev 1 4:40-5:40pm	5 yrs PK Play 4:40-5:25pm	7-10 Intermediate 4:40-5:40pm	5 yrs PK Play 4:40-5:25pm	Open Gym 4:35-5:35pm	3/4 yrs PK Play 4:40-5:25pm				
5:00	Open Gym 5:45-6:45pm	5 yrs PK Play 5:40-6:25pm	Jr (U13) Lev 2 5:45-7:45pm (invite only)	6-8 yrs Lev 1 5:40-6:40pm	Open Gym 5:45 - 6:45pm	7-15 yrs Lev 1 Intermediate 6:45-7:45pm	7-15 yrs Lev 1 Intermediate 6:45-7:45pm	Adult Extreme Cosmic DODGEBALL (7:45-9pm)	Open Gym 7:45-9pm	
6:00										
6:00		Sr (13+) Lev 2 7-9pm (invite only)								
7:00										
8:00										

1 class / week; includes unlimited Open Gym drop in's:

\$80/mo - 45 min classes

\$105/mo - 1 hour classes

\$180/mo - 2 hr classes

*Registration is ongoing, month to month. Please email 2 weeks notice to end enrolment.