## Ethos Parkour & Movement

647 Okanagan Ave E #104, Penticton, BC

## Schedule

## **Current Schedule**

(last updated April 2024)

Monday Tuesday Wednesday Thursday Friday Saturday Family Open Gym 9:00 Behavioural Intervention / 9-10am 10:00 School Sessions School Sessions School Sessions School Sessions School Sessions (by apt only) (by apt only) (by apt only) **Birthday Party** (by apt only) (by apt only) 11:00 10:15-11:45am 12:00 Open Gym Behavioural Intervention / Behavioural Intervention / Behavioural Intervention / Behavioural Intervention / 12-1pm 1:00 School Sessions Homeschooler's Parkour School Sessions School Sessions School Sessions **Birthday Party** (by apt only) 1-2:30pm (by apt only) (by apt only) (by apt only) 2:00 1:15-2:45pm Open Gym 3:00 2:30-3:30pm 6-8 yrs Lev 1 6-8 yrs Lev 1 3/4 yrs PK Play 6-8 yrs Lev 1 3/4 yrs PK Pla 3/4 yrs PK Play 7-10 Intrmedte 5 yrs PK Play **Birthday Party Birthday Party** 4:00 3:30-4:30pm 3:45-4:30pm 3:30-4:30pm 3:45-4:30pm 3:30-4:30pm 3:45-4:30pm 3:30-4:30pm 3:45-4:30pm 4-5:30pm 3:30-5pm 3/4 yrs PK Play 9-15 yrs Lev 1 5 yrs PK Play 7-10 Intrmediate 5 yrs PK Play Open Gym 9-15 yrs Lev 1 5 yrs PK Play 4:40-5:40pm 4:40-5:25pm 4:40-5:40pm 4:40-5:25pm 4:35-5:35pm 4:40-5:25pm 4:40-5:40pm 4:40-5:25pm **Birthday Party** 5:00 Open Gym Jr (U13) Lev 2 6-8 yrs Lev 1 Open Gym \*Book parties online; 6-7:30pm 5:45 - 6:45pm 5:45-7:45pm 5:40-6:40pm Sunday spots available 6:00 5:45 - 6:45pm (invite only) 7-15 yrs Lev 1 Intrmediate 7-15 yrs Lev 1 Intrmediate Sr (13+) Lev 2 7:00 6:45-7:45pm 6:45-7:45pm 7-9pm Adult Extreme Cosmic DODGEBALL 8:00 (invite only) Open Gym (7:45-9pm) (7:45-9pm)

1 class / week; includes unlimited Open Gym drop in's:

\$80/mo - 45 min classes \$105/mo - 1 hour classes

\$180/mo - 2 hr classes

\*Registration is ongoing, month to month. Please email 2 weeks notice to end enrolment.

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